

Pre-Treatment Instructions:

- For optimal results and to minimize the chance of bleeding or bruising at the injection site, please avoid all blood-thinning medications and supplements for one week prior to your appointment. This includes over-the-counter medication such as aspirin, Motrin, Ibuprofen, and Aleve. Also avoid herbal supplements such as garlic, vitamin E, Ginko Biloba, St. John's Wort, and Omega-3 capsules. If you have a cardiovascular history, please check with your doctor prior to stopping the use of Aspirin
- Inform your provider if you have a history of Perioral Herpes (cold sores) to receive advice on antiviral therapy prior to treatment. (Valtrex 500 mg BID, 5 days, start 2 days prior to treatment.
- Avoid topical products such as Tretinoin (Retin-A) retinols, retinoids, glycolic acid, alpha hydroxy acid, or any "anti-aging" products for two days before and after treatment (Minimum 4 weeks before any laser treatment).
- Do not drink alcoholic beverages 24 hours before or after your treatment to avoid extra bruising.
- Do not use dermal fillers if you are allergic to any of its ingredients or suffer from any neurological disorders.
- We do not inject or treat if you are pregnant or breastfeeding.
- With all treatments, we recommend avoiding direct sunlight and/or using good sun protection, both physical and topical.