GENERAL PRE TREATMENT CARE

- **ARRIVE before your scheduled treatment time** to numb, fill out forms, etc. The appointment time is for your treatment ONLY. If you are more than 5 minutes late, your appointment will be canceled and your deposit forfeited.
- For optimal results and to minimize the chance of bleeding or bruising at the injection site, please avoid all blood-thinning medications and supplements for one week prior to your appointment. This includes over-the-counter medication such as aspirin, Motrin, Ibuprofen, and Aleve. Also avoid herbal supplements such as garlic, vitamin E, Ginko Biloba, St. John's Wort, and Omega-3 capsules. If you have a cardiovascular history, please check with your doctor prior to stopping the use of Aspirin

- Inform your provider if you have a history of Perioral Herpes (cold sores) to receive advice on antiviral therapy prior to treatment. (Valtrex 500 mg BID, 5 days, start 2 days prior to treatment.

- Avoid topical products such as Tretinoin (Retin-A) retinols, retinoids, glycolic acid, alpha hydroxy acid, or any "anti-aging" products for two days before and after treatment (Minimum 4 weeks before any laser treatment).

- Do not drink alcoholic beverages 24 hours before or after your treatment to avoid extra bruising.

- Do not use dermal fillers if you are allergic to any of its ingredients or suffer from any neurological disorders.

- We do not inject or treat if you are pregnant or breastfeeding.

- With all treatments, we recommend avoiding direct sunlight and/or using good sun protection, both physical and topical.

WHY IS EZGEL TREATMENT OF CHOICE FOR OUR PRACTICE?

- **Autologous**, no additives or chemical components
- **Cost-effective!** The solution comes from the patients' blood!
- **Minimally invasive**
- **No downtime**
- **Versatility:** modulable consistency to treat different areas
- Enhanced **Growth Factors** release and **Bio-stimulation**
- Can easily be incorporated in **combination therapies** for maximum results and treatment plan options (micro needling, PDO Threads, lasers, fillers, neurotoxins)

PRE-TREATMENT CARE

STAY HYDRATED
for ease of blood draw; begin hydration 72 hours before.

AVOID MEDICATIONS
such as blood thinners and anti-inflammatory drugs (NSAIDS).

DO NOT CONSUME
alcoholic beverages for at least 24 hours prior to treatment.

AVOID EATING
a high triglyceride diet.

AVOID SMOKING
for maximum treatment efficacy.

POST-TREATMENT CARE

AVOID APPLYING ICE
or any cold compresses to the treatment area.

DO NOT TOUCH
or massage the treatment area.

SWELLING IS NORMAL
to occur approx. 24-72 hours after treatment.

AVOID STRENUOUS ACTIVITY
and extended UV exposure for 24 hours after treatment.

ASK YOUR HEALTHCARE PROVIDER
before taking any medications such as ibuprofen or aspirin.

FAQ

WHY IS EZGEL BETTER THAN TRADITIONAL PRP?

The second-generation concentrate doesn't require the use of any additive nor anti-coagulant to unlock our body's natural healing properties. It uses the latest technologies to maximize natural body response without damaging its environment.

HOW LONG DOES THIS PROCEDURE TAKE?

The protocol for the preparation of **EZGEL** can take approx. 30 minutes to draw blood and create **EZGEL** with an additional 30 minutes for injections. Plan on being here for a one hour appointment. The duration of the procedure may vary depending on the combination of treatments.

IS EZGEL FOR EVERYONE?

Yes! **EZGEL** is well tolerated by most patients. As its source is **100% natural and free of all chemicals,** it's the safest gel on the market. **EZGEL**'s versatility makes it easy to incorporate in a natural rejuvenation treatment plan fully customizable by you.